

## Our Counsellors:



**Paul:** (BA, Grad Cert Ed, Adv Dip Therapeutic Counselling, Dip Nursing (MH), is a registered Mental Health Nurse and Counsellor (NZAC/BACP accredited). He has had additional training in Supervision, Psycho-dynamic Psychotherapy, CBT/DBT & ACT. Paul has experience in working with trauma and abuse as well as common mental health problems, & stress management. He offers both clinical/professional supervision and ministry/spiritual supervision.

**Contact:** 476 1462 / 027 233 3597

**Email:** [carling.reet1@gmail.com](mailto:carling.reet1@gmail.com)



**Elaine:** BA (ED) BSS (counselling), Adv Cert Alcohol and Drug Studies, Psychotherapy [theory] Ashburn Clinic. Motivational Enhancement Treatment, PCC, TA & Supervision. A reg member of NZAC and DAPAANZ. Worked in

Mental Health, SDHB Community Alcohol & Drug Service for past 15-years. Experienced in couples counselling, individuals of all ages, mental health, relationships, grief & loss, sexual abuse, & self-esteem issues. Offers both clinical/professional supervision and ministry/spiritual supervision.

**Contact:** 489 7581 / 021 166 1509



**Deborah:** BSc., Psychology., PG Dip. Counselling. Trained in Narrative CBT, Group Work & Child & Youth Counselling with additional Bicultural Training. Prov Member of NZCCA. Has experience in individual counselling in a

variety of areas including trauma, grief care, depression & anxiety, self-esteem, burnout, relationship issues and working with teenagers.

**Email:** [debtaylor898@gmail.com](mailto:debtaylor898@gmail.com)



**Gill:** Dip Soc&ComWork; BEd; BOccTherapy; Post Grad Dip.; Master of Prof Practice (Counselling) is a registered Occupational Therapist and Social Worker, & member of ANZASW.

Gill has worked in the mental health field at the DHB; in a primary health organization and in a range of community social service agencies. She has over 15 years experience of providing counselling for a range of issues including trauma, abuse, anxiety, depression, relationship issues, grief care, and loss and stress.

**Contact:** 021 047 5127

**Email:** [gill.eastgate@icloud.com](mailto:gill.eastgate@icloud.com)



**Any enquiries about our service**

**please get in touch with Joy**

**489-6308 ext 703**

**[joy@etchurch.co.nz](mailto:joy@etchurch.co.nz)**

**Physical address:**

12a Cemetery Road

East Taieri,

Mosgiel 9024

[www.etchurch.co.nz](http://www.etchurch.co.nz)



# TURNING POINT CHRISTIAN COUNSELLING

**Professional - Affordable**

*'A bruised reed He will not break and a smouldering wick  
He will not snuff out...'* (Matthew 12: 30)

*'...be transformed by the renewing of your mind.'*  
(Romans 12: 2)

## **WE WILL WORK WITH YOU TO:**

- Help you understand yourself better
- Help you understand & improve your relationships
- Develop strategies and skills to overcome and/or manage your current difficulties
- Help you resolve and/or move forward with presenting past issues

## Turning Point is part of East Taieri Church

which has been a positive contributor to the community for over 150 years.

Turning Point was established in 2005 to offer professional, affordable Christian counselling to people in the greater Taieri and surrounding area.

We aim to keep our costs as low as possible. To do this we seek external funding from various organisations.

### We offer:

- Christian counselling & psychotherapy
- Community Education
- Ministry/Spiritual Supervision & Direction
- Professional & Clinical Supervision
- Grief Care / coping with loss

### We see:

Adults	Children	Youth
Couples		Groups

## CHRISTIAN COUNSELLING:

...is based on a Christ centred view of a person which tells us we are created in God's image as physical, emotional, thinking, choosing and spiritual beings.

We explore all these areas of a person's life and work towards helping them to reach their God-given potential.

However, we do see people from any faith and non-faith background.

Prayer is available if the person requests it.

## APPOINTMENTS:

### Your choice:

You can choose which counsellor you would like to work with and contact them for an appointment (full details on this brochure and on our website) Please leave a message — they will get back to you.

### Your Time:

- each counsellor offers different times throughout the week
- some evening appointments may be available
- Mosgiel appointments held in a private room at East Taieri Church
- some counsellors also offer appointments in Dunedin

### Counselling Rooms:

We are grateful for the use of a counselling room in Dunedin. This incurs a charge which will be added to your fee — please check with your counsellor at appointment time.

### If you are late (or) miss an Appointment:

If you are late for an appointment your time with the counsellor may be shorter so please arrive on time. If you are unable to keep your appointment please phone the counsellor as soon as you can, preferably the day before. If you do not cancel your appointment we **will charge you** as this takes up the counsellor's time which someone else could use.

### Length of each session:

All appointments = 50-55 mins

## COUNSELLING FEES: (per appointment)

- Payment is required at each session
- We can also invoice you for a direct credit transfer
- We accept cheques and cash — **but no EFPTOS**
- If you have particular financial circumstances which may impact on your attendance please discuss these with your counsellor
- Work & Income subsidies may be available please discuss with your GP who is able to refer you

All fees include GST

- **Person with a regular income in the household:**  
From ..... **\$70.00**
- **Supervision:**  
From ..... **\$85.00**
- **Person on Disability Allowance:**  
From ..... **\$70.00**
- **Extra charge for couples work:**  
..... **\$25.00**
- **Community Education/Groups:**  
per hr / per counsellor ..... **\$70 00**  
(print/preparation costs extra)