

## **Paul Reet**

**Qualifications:** BA, Grad Dip Education (Teaching); Adv Grad Diploma Counselling; Dip Nursing (Mental Health); Grad Cert Psychotherapy

#### **Professional Registrations:**

Registered Mental Health Nurse (NCNZ)

Registered Counsellor (NZAC)

Registered Counsellor/Psychotherapist (BACP Accredited)

Registered Accredited DAPAANZ (AOD) Supervisor.

Registered ACC Counsellor (Sensitive Claims)

Registered Spiritual Director (ACSD)

**Approaches:** Paul works as an Integrative Therapist with an emphasis in psychodynamic, Acceptance & Commitment Therapy (ACT) and Transactional Analysis (TA) approaches.

**Focus:** Mental Health (depression, anxiety, trauma), Addictions & Grief. Professional & Clinical Supervision & Christian Ministry and Spiritual Direction.

Ph: 027 233 3597

Email: carling.reet1@gmail.com



# **Elaine Gough**

**Qualifications:** BA (ED) BSS (Counselling), ADV Cert Alcohol and Drug Studies. Psychotherapy (theory) Ashburn Hall, Cert Supervision.

## **Professional Registrations:**

NZAC

**Approaches:** Person centred counselling, Aspects of Transactional Analysis, ACT Eclectic Counselling, supervision.

Focus: Couples counselling, relationship issues, parenting.

Ph: 260 7123 / 021 166 1509

'...be transformed by the renewing of your mind'
(Romans 12:2)

'Comfort, comfort my people, says your God'
(Isaiah 40:1)

...for God gave us a spirit not of fear but of power and love and self-control (2 Timothy 1:7)



# Gill Eastgate

**Qualifications:** Master of Professional Practice with Distinction (Counselling); Post Grad. Dip.; B.Ed.; B.Occ.Therapy; Dip.Soc.& Com. Work

#### **Professional Registrations:**

Register Counsellor (NZCCA)

Registered Social Worker (ANZASW)

**Registered Occupational Therapist** 

Reg ACC Counsellor (Sensitive Claims & Physical Injury)

**Approaches:** Gill works as an Integrative Counsellor which includes Person Centred Counselling, Acceptance & Commitment Therapy (ACT), Cognitive Behavioural Therapy (CBT), Transactional Analysis (TA), and Solution Focused Therapy.

**Focus:** Trauma, anxiety, depression, relationship issues, grief & loss, and stress. Includes Supervision & Couple Counselling.

Ph: 021 047 5127

Email: gill.eastgate46@gmail.com



# **Deborah Taylor**

Qualifications: B.Sc., Psychology., PG Dip.

Counselling.

**Professional Registrations:** 

**MNZCCA** 

**Approaches:** Trained in Narrative CBT, Group Work, Family work, Child & Youth Counselling and Tangata Whenua & tangata Tirti

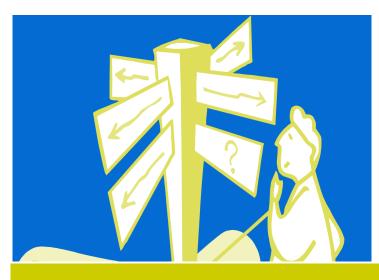
**Focus:** Deborah has individual counselling experience in a variety of areas including trauma, grief care, depression & anxiety, self-esteem, burnout, relationship issues and working with children and youth. Offers professional and ministry supervision.

Email: debtaylor898@gmail.com

Any enquiries about our service please contact one of our Counsellors

### **Physical address:**

12a Cemetery Road - East Taieri - Mosgiel 9024 www.etchurch.co.nz



# TURNING POINT COUNSELLING

COUNSELLING & PSYCHOTHERAPY
COMMUNITY EDUCATION WORKSHOPS

# **Professional - Affordable**

He aha te mea nui o te ao

What is the most important thing in the world?

He tangata, he tangata, he tangata

It is the people, it is the people, it is the people *Maori proverb* 

## WE WILL WORK WITH YOU TO:

- Help you understand yourself better
- Help you understand & improve your relationships
- Develop strategies and skills to overcome and/or manage your current difficulties
- Help you resolve and/or move forward with presenting past issues

## **TURNING POINT**

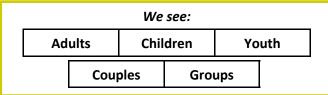
.... established in 2005 to support people in the greater Dunedin area, is linked to East Taieri Church which has been a positive contributor to the community for over 160 years

#### See other brochures for:

- Clinical / Professional Supervision
- Christian Supervision / Spiritual Direction
- Grief Care / Coping with Loss

We aim to keep our costs as low as possible

— to do this we seek external funding
from various organisations



# **COUNSELLING:**

...our counselling is based on a Christian centred view of a person which tells us we are created in God's image as physical, emotional, thinking, choosing and spiritual beings.

We explore all these areas of a person's life and work towards helping them to reach their God-given potential.

We do see people from any faith and non-faith background, and prayer is available if the person requests it.

#### **APPOINTMENTS:**

#### Your choice:

Choose which counsellor you would like to work with and contact them for an appointment

(full details on this brochure and on our website)

Please leave a message — they will get back to you

#### Your Time & Venues:

- Counsellors offer different times throughout the week
- Our counselling room is located at the rear of East Taieri Church Administration block with separate access & is completely private
- We also offer appointments at other venues

# If you are late (or) miss an Appointment:

- Lateness for an appointment may mean shorter time with the counsellor so please arrive on time
- If unable to keep appointment please phone the counsellor as soon as you can, preferably day before
- If you do not cancel your appointment we <u>will</u>
   <u>charge you</u> as this takes up the counsellor's time which someone else could use

# Length of each session:

• All appointments = 50-55 mins

# **COUNSELLING FEES: (per appointment)**

- Payment is required at each session
- We can also invoice you or your organization
- We accept cash but no EFPTOS

Work & Income subsidies may be available please discuss with your GP who is able to refer you.

Grant money (DCC & Tobias Trust) is also available and may assist people if they cannot pay the full fee.

#### All fees include GST

Please discuss fees with your chosen counsellor when making an appointment

- Counselling/Psychotherapy per session is \$70.00
- Supervision: (see separate brochure)
  From ..... \$85.00
- Community Education/Groups:... please ask a counsellor for a quote