

22 August

Power to protect

God's power - even when we want to give up

Bible Passage: 1 Kings 19

Memory Verse: Isaiah 41:10



Discuss: Why did Elijah want to give up? It can be hard to see God well when we are tired or worried. See if the children can think of other people who wanted to give up in the Bible e.g. Moses

Activity Suggestion:

- Do something energetic (sit-ups, star jumps etc?) until the children want to give up. Sometimes things get too hard (like for Elijah) but God can strengthen us.
- Draw a picture or make a bookmark that has "God's Protects" on it.

