## Bread for Life

## Jesus knows and meets our needs.

**Bible Passage:** John 6:1-15, 22-40 **Memory Verse:** John 6:35



**Discuss:** Children might have trouble understanding the difference between needs and wants.

- Why do we need food?
- Why might we want food?
- What other kinds of needs might Jesus be talking about?
  E.g. comfort, confidence, safety

## **Activity Suggestion:**

- Play a game of "want and need". Have a station on one side of the room for "want" and another on the other side for "need". Call out the name of different things and see which station the children run to each time. Discuss.
- Make sandwiches together. Include some mixed fillings to discuss want and need.

**Simple Prayer:** Dear Jesus. Thank you for giving us food and other things that we need in our lives. Keep us healthy and safe. Amen

