



### Paul Reet

**Qualifications:** BA, Grad Dip Education (Teaching); Adv Grad Diploma Counselling; Dip Nursing (Mental Health); Grad Cert Psychotherapy

**Professional Registrations:**

Registered Mental Health Nurse (NCNZ)  
Registered Counsellor (NZAC)  
Registered Counsellor/Psychotherapist (BACP Accredited)  
Registered Accredited DAPAANZ (AOD) Supervisor  
Registered ACC Counsellor (Sensitive Claims)  
Registered Spiritual Director (ACSD)

**Approaches:** Paul works as an Integrative Therapist with an emphasis in psychodynamic, Acceptance & Commitment Therapy (ACT), and Transactional Analysis (TA) approaches.

**Focus:** Mental Health (depression, anxiety, trauma), Addictions & Grief. Professional & Clinical Supervision & Christian Ministry and Spiritual Direction.

**Ph:** 027 233 3597  
**Email:** carling.reet1@gmail.com



### Gill Eastgate

**Qualifications:** Master of Professional Practice with Distinction (Counselling); Post Grad. Dip.; B.Ed.; B.Occ.Therapy; Dip.Soc.& Com. Work

**Professional Registrations:**

Registered Counsellor (NZCCA)  
Registered Social Worker (ANZASW)  
Registered Occupational Therapist  
Reg ACC Counsellor (Sensitive Claims & Physical Injury)

**Approaches:** Gill works as an Integrative Counsellor which includes Person Centred Counselling, Acceptance & Commitment Therapy (ACT), Cognitive Behavioural Therapy (CBT), Transactional Analysis (TA), and Solution Focused Therapy.

**Focus:** Trauma, anxiety, depression, relationship issues, grief & loss, and stress. Includes Supervision & Couple Counselling.

**Ph:** 021 047 5127  
**Email:** gill.eastgate46@gmail.com



### Paul Johnston

**Qualifications:** Post Grad Cert. Psych Nursing; Post Grad Cert. Rehab, Cert REBT; Dip Counselling, BN, Dip N; Cert Adult Teaching; DHB qualified Supervisor; Chaplain (mental health).

**Professional Registrations:**

Provisional member NZAC  
**Approaches:** Narrative therapy, REBT, Person Centred Counselling, TA

**Focus:** Individuals, Supervision—moving from bondage and limitation to freedom and fullness.

**Ph:** 020 4013 2267  
**Email:** macian60@gmail.com



### Elaine Gough

**Qualifications:** BA (ED) BSS (Counselling), ADV Cert Alcohol and Drug Studies. Psychotherapy (theory) Ashburn Hall, Cert Supervision.

**Professional Registrations:**

NZAC, MNZAC, DAPAANZ 2002-2017  
**Approaches:** Person centred counselling, Aspects of Transactional Analysis, ACT, Eclectic Counselling, supervision.

**Focus:** Couples counselling, relationship issues, parenting, grief & addictions, motivational counselling.

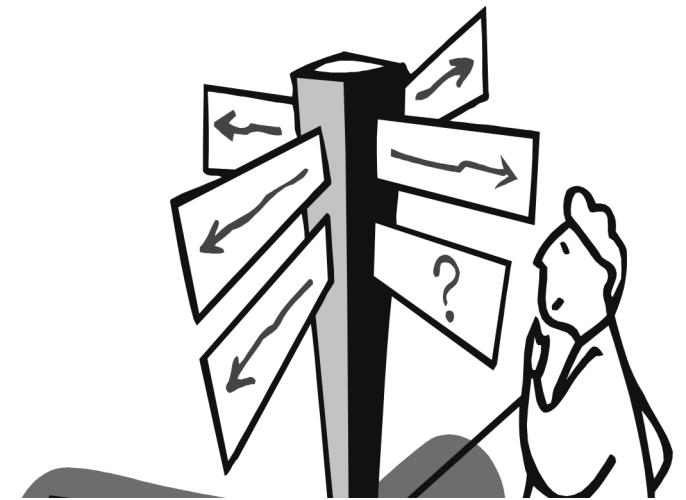
**Ph:** 021 166 1509

**Any enquiries about our service please contact one of our team**

**Physical address:**

12a Cemetery Road, East Taieri, Mosgiel 9024

**www.etchurch.co.nz**



# TURNING POINT SUPERVISION

**CLINICAL / PROFESSIONAL SUPERVISION  
CHRISTIAN SUPERVISION/SPIRITUAL DIRECTION/  
FORMATION**

**Professional - Affordable**

**He aha te mea nui o te ao**  
What is the most important thing in the world?

**He tangata, he tangata, he tangata**  
It is the people, it is the people, it is the people  
*Maori proverb*



## TURNING POINT

.... established in 2005 to support people in the greater Dunedin area, is linked to East Taieri Church which has been a positive contributor to the community for over 160 years

### Supervision:

Turning Point offers professional, clinical and pastoral supervision to a wide range of people from various professions. This includes health, education, counselling and support work. We also offer supervision to those in paid and voluntary positions in Christian work. We are all trained, qualified and experienced in supervision.

**We all need** supportive & accountable people in our lives whether this is found through mutual friendships, colleagues or external independent people who can give us time to unravel, stand back from our work & gain a new perspective.

**We all need** others, we cannot do this alone  
**We need** a safe place to go to be open and honest about our challenges.

There is also a professional & legal necessity to have some form of supervision.

Supervision is made up of two words: 'SUPER' & 'VISION'. Supervision aims to provide a place of helping us regain our vision and to encourage us in our work. Supervision enables us to leave feeling better about ourself & our work.

### Supervision is useful because:

- It provides external independent access to someone who is not closely involved in our work
- It provides a safe place for sharing our heart and the burdens of work
- It provides an opportunity to gain a new perspective and problem-solve
- Supervision provides an opportunity for us to consider the relationships we have with people we work with
- It helps us unravel difficult relationship dynamics & their effect on us & our perceptions

### Supervision in Christian Work:

In this context supervision provides a space for open and honest discussion and exploration about your role and its impact on your life, family and the people you are called to serve. Supervision has the potential to explore your purpose and goals in ministry.

*Brennan Manning says: .... The great weakness ..... in the Church ..... is our refusal to accept our brokenness. We hide it, evade it, gloss over it - We grab for the cosmetic kit & put on our virtuous face to make ourselves admirable to the public. Thus we present to others a self that is spiritually together, superficially happy, .....*

### Christian Spiritual Direction:

We offer spiritual support, companionship, direction and formation to anyone who wishes to explore their faith and it's challenges, with the aim of deepening your experience and understanding of your relationship with God. If you would like to know more or are looking for a spiritual director please contact Paul Reet, Gill Eastgate or Paul Johnston, who are experienced in this work.

### APPOINTMENTS FEE:

- Payment is required at each session
- We can also invoice you or your organization
- We accept cash — **but no EFPTOS**
- **All appointments = 50-55 mins**
- **Fee per appointment:**  
**From ..... \$100.00 (GST inc)**

### Your Time & Venues:

- we offer different times throughout the week
- our counselling room is located at the rear of East Taieri Church Administration block with separate access & is completely private
- We also offer appointments at other venues

### Considerations:

If you are late for an appointment it may mean a shorter session.  
Please contact the person you are seeing if you are running late or need to cancel. If you do not turn up, that space could have been given to another person so we would appreciate your consideration in this.

**'...be transformed by the renewing of your mind' (Romans 12:2)**

**'Comfort, comfort my people, says your God' (Isaiah 40:1)**

**...for God gave us a spirit not of fear but of power and love and self-control (2 Timothy 1:7)**