



Paul Reet

Qualifications: BA, Grad Dip Education (Teaching); Adv Grad Diploma Counselling; Dip Nursing (Mental Health); Grad Cert Psychotherapy

Professional Registrations:

Registered Mental Health Nurse (NCNZ)
Registered Counsellor (NZAC)
Registered Counsellor/Psychotherapist (BACP Accredited)
Registered Accredited DAPAANZ (AOD) Supervisor
Registered ACC Counsellor (Sensitive Claims)
Registered Spiritual Director (ACSD)

Approaches: Paul works as an Integrative Therapist with an emphasis in psychodynamic, Acceptance & Commitment Therapy (ACT), and Transactional Analysis (TA) approaches.

Focus: Mental Health (depression, anxiety, trauma), Addictions & Grief. Professional & Clinical Supervision & Christian Ministry and Spiritual Direction.

Ph: 027 233 3597
Email: carling.reet1@gmail.com



Gill Eastgate

Qualifications: Master of Professional Practice with Distinction (Counselling); Post Grad. Dip.; B.Ed.; B.Occ. Therapy; Dip.Soc.& Com. Work

Professional Registrations:

Registered Counsellor (NZCCA)
Reg ACC Counsellor (Sensitive Claims)

Approaches: Gill works as an Integrative Counsellor which includes Person Centred Counselling, Acceptance & Commitment Therapy (ACT), Cognitive Behavioural Therapy (CBT), Transactional Analysis (TA), and Solution Focused Therapy.

Focus: Trauma, anxiety, depression, relationship issues, grief & loss, and stress. Includes Supervision & Couple Counselling.

Ph: 021 047 5127
Email: gill.eastgate46@gmail.com



Paul Johnston

Qualifications: Post Grad Cert. Psych Nursing; Post Grad Cert. Rehab, Cert REBT; Dip Counselling, BN, Dip N; Cert Adult Teaching; DHB qualified Supervisor; Chaplain (mental health).

Professional Registrations:

Provisional member NZAC
Approaches: Narrative therapy, REBT, Person Centred Counselling, TA

Focus: Individuals, Supervision—moving from bondage and limitation to freedom and fullness.

Ph: 020 4013 2267
Email: macian60@gmail.com



Elaine Gough

Qualifications: BA (ED) BSS (Counselling), ADV Cert Alcohol and Drug Studies. Psychotherapy (theory) Ashburn Hall, Cert Supervision.

Professional Registrations:

NZAC, MNZAC, DAPAANZ 2002-2017
Approaches: Person centred counselling, IDT, Transactional Analysis, ACT.

Focus: Couples counselling, relationship issues, grief & addictions, motivational counselling.

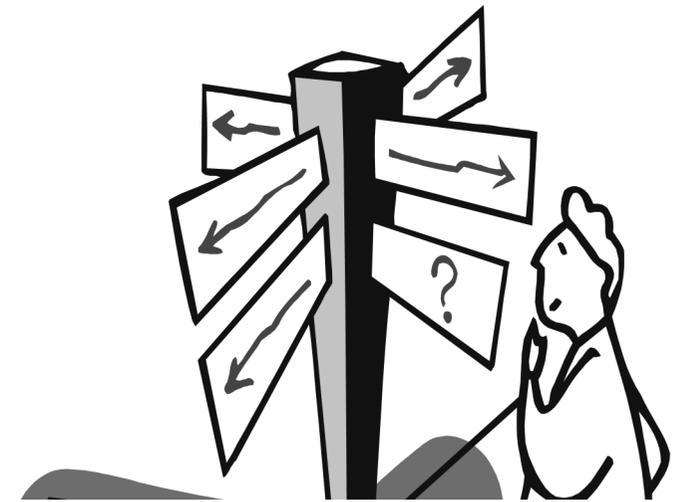
Ph: 021 166 1509

Any enquiries about our service please contact one of our team

Physical address:

12a Cemetery Road, East Taieri , Mosgiel 9024

etchurch.co.nz



TURNING POINT SUPERVISION

**CLINICAL / PROFESSIONAL SUPERVISION
CHRISTIAN SUPERVISION/SPIRITUAL DIRECTION/
FORMATION**

Professional - Affordable

He aha te mea nui o te ao
What is the most important thing in the world?

He tangata, he tangata, he tangata
It is the people, it is the people, it is the people
Maori proverb



TURNING POINT

.... established in 2005 to support people in the greater Dunedin area, is linked to East Taieri Church which has been a positive contributor to the community for over 160 years

Supervision:

Turning Point offers professional, clinical and pastoral supervision to a wide range of people from various professions. This includes health, education, counselling and support work. We also offer supervision to those in paid and voluntary positions in Christian work. We are all trained, qualified and experienced in supervision.

We all need supportive & accountable people in our lives whether this is found through mutual friendships, colleagues or external independent people who can give us time to unravel, stand back from our work & gain a new perspective.

We all need others, we cannot do this alone
We need a safe place to go to be open and honest about our challenges.

There is also a professional & legal necessity to have some form of supervision.

Supervision is made up of two words: 'SUPER' & 'VISION'. Supervision aims to provide a place of helping us regain our vision and to encourage us in our work. Supervision enables us to leave feeling better about ourself & our work.

Supervision is useful because:

- It provides external independent access to someone who is not closely involved in our work
- It provides a safe place for sharing our heart and the burdens of work
- It provides an opportunity to gain a new perspective and problem-solve
- Supervision provides an opportunity for us to consider the relationships we have with people we work with
- It helps us unravel difficult relationship dynamics & their effect on us & our perceptions

Supervision in Christian Work:

In this context supervision provides a space for open and honest discussion and exploration about your role and its impact on your life, family and the people you are called to serve. Supervision has the potential to explore your purpose and goals in ministry.

Brennan Manning says: The great weakness in the Church is our refusal to accept our brokenness. We hide it, evade it, gloss over it - We grab for the cosmetic kit & put on our virtuous face to make ourselves admirable to the public. Thus we present to others a self that is spiritually together, superficially happy,

Christian Spiritual Direction:

We offer spiritual support, companionship, direction and formation to anyone who wishes to explore their faith and it's challenges, with the aim of deepening your experience and understanding of your relationship with God. If you would like to know more or are looking for a spiritual director please contact Paul Reet, Gill Eastgate or Paul Johnston, who are experienced in this work.

APPOINTMENTS FEE:

- Payment is required at each session
- We can also invoice you or your organization
- We accept cash — **but no EFPTOS**
- **All appointments = 50-55 mins**
- **Fee per appointment:**
From \$120.00 (GST inc)

Your Time & Venues:

- we offer different times throughout the week
- our counselling room is located at the rear of East Taieri Church Administration block with separate access & is completely private
- We also offer appointments at other venues

Considerations:

If you are late for an appointment it may mean a shorter session.
Please contact the person you are seeing if you are running late or need to cancel. If you do not turn up, that space could have been given to another person so we would appreciate your consideration in this.

'...be transformed by the renewing of your mind' (Romans 12:2)

'Comfort, comfort my people, says your God' (Isaiah 40:1)

...for God gave us a spirit not of fear but of power and love and self-control (2 Timothy 1:7)