

He Is Risen – Study Handout

A one-page printable guide based on the teaching

1. The Resurrection in Scripture

Matthew records the burial and resurrection with eyewitness detail: *“the guards shook with fear... and fell into a dead faint,”* and the angel declared, *“He is risen from the dead just as he said would happen.”*

Key Readings

- Matthew 27:57–28:10
- 1 Corinthians 15:12–20

Questions for Reflection

- What details in Matthew strengthen the historical credibility of the resurrection?
 - Why does Paul say that without the resurrection, faith is “useless”?
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2. Why the Resurrection Matters

The resurrection is the cornerstone of Christian faith. Paul writes that if Christ is not raised, believers remain in their sins. Without the resurrection, there is **no gospel** and no hope.

Themes to Explore

- Jesus’ identity and mission confirmed
 - God’s victory over sin and death
 - The believer’s hope for eternal life
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3. Two Divine Transactions at Calvary

A. Through Jesus’ Death

The power of sin leading to spiritual death is broken.

"When we died with Christ we were set free from the power of sin." (Romans 6:7)

B. Through Jesus' Resurrection

Believers receive new life and the promise of eternal life.

"Just as Christ was raised... now we may also live new lives." (Romans 6:4)

Study Prompts

- What does it mean to be united with Christ in his death and resurrection?
 - How does Romans 6 call believers to live differently?
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4. Evidence for the Resurrection

The teaching challenges believers to defend the resurrection. Evidence includes:

- Women witnessed the burial and empty tomb
- Tomb sealed and guarded
- Angelic encounter and earthquake
- Jesus appeared to many, including *"more than 500 people at one point"*
- Opponents could not produce a body
- Disciples' transformed lives and martyrdom

Application Exercise

Write a short explanation of why you personally believe the resurrection is historically credible.

5. Living in Light of the Resurrection

The teaching concludes: *"He died but has been raised to new life, that we also might live new lives!"*

Reflection Questions

- What does "new life" look like in your daily habits and relationships?

- How does the resurrection shape your hope for the future?

Suggested Practices

- Pray through Romans 6:1–14
 - Journal how the resurrection shapes your identity
 - Share your testimony with someone this week
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He is risen!